

3rd CHALKWELL BAY SEA SCOUTS

Castleton Activity Trip 8 – 15 April 2017

Final Information & Details

20th February 2017

Dear Scouts, Explorers & parents,

This is the final letter for the trip to Castleton, Derbyshire in the Easter holidays.

We will depart from The Den on Saturday 8th April at 9.00am. All participants must wear Group polo shirts to travel to and from the activity. **Participants must meet at The Den at 8.30am** to enable the minibuses to be loaded. We will then travel to Castleton arriving for a late lunch. Everyone will require a packed lunch. We will return from Castleton on Saturday 15th April and hope to be back at The Den by 4.00pm (traffic permitting).

A kit list is attached overleaf showing the gear that all participants will require. Equipment should be packed in kitbags, holdalls, rucksacks or similar and NOT in a suitcase!

Please note that if you are buying new walking boots, please ensure that they have a cleated sole, a bellows tongue (sewn in to the boot) and are completely waterproof (not water resistant). Please also make sure they are worn in a few times before the trip so as to break the boots in and hopefully prevent blisters happening (this goes for boots that have been borrowed too).

This will all be explained more at the **trip briefing** which will be on **Tuesday 7th March at 7.30pm at the Den**. This is an opportunity for the leaders to describe what will happen on the trip, to distribute contact and emergency information and to check the Scout's waterproofs and walking boots are adequate for the hiking. All participants are recommended to attend and bring their Rucksack, Waterproofs and Boots if they can so a leader can check them. Parents are also strongly advised to attend so they have any emergency information needed and to ensure their children have the correct equipment. You can also have a look at the Group equipment and arrange to borrow any that is available. Due to a number of items going missing over the years and getting damaged we are now asking that a hire charge of £5 per item be paid when borrowing equipment to help cover the cost of cleaning and replacing them, e.g. if you borrow a waterproof jacket and trousers that would be a £10 charge. These borrowed items will be collected at the end of the week before we return home. Ian Johnson and Jon Whiteley will be giving the presentations and will try to answer any queries.

The basic requirements for equipment are:

- Boots **MUST** be waterproof and able to give grip on a variety of surfaces
- Walking trousers must **NOT** be jeans or similar as these do not conserve heat when wet and stay wet far longer than cotton trousers do.
- Waterproofs consist of jacket and trousers, both of which are fully waterproof and not just showerproof
- Heat is conserved best by wearing a number of layers on your top half, so bring plenty
- Normal clothes for the evenings and swimming shorts for when we visit the local pool.

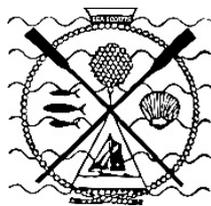
The site has a grass football pitch that we can use if they are not waterlogged and a basic games hall for activities. Please bring appropriate gear for wearing whilst playing games and during leisure time.

If you have any queries or problems, please contact Jon Whiteley (01702 711327 / 07980 547725).

Best Wishes

Jon

Jon Whiteley
Sea Scout Leader



3rd CHALKWELL BAY SEA SCOUTS

Castleton 2017

Kit List

| ITEM | COMMENTS | ✓ |
|-------------------------------|---|---|
| Sleeping Bag & Pillow | | |
| Mattress cover or sheet | | |
| Rucksack for day walks | A 40 litre rucksack will be adequate | |
| Waterproof Jacket & Trousers | NOT a cagoule | |
| Gaiters | Worn over top of boots and bottom of trousers | |
| Walking Boots | NOT Dr Martens or similar | |
| Walking Socks (incl. spares) | | |
| 3 rd CB polo shirt | To be worn for the travel to and from Castleton | |
| T-shirts / vests | Base layer | |
| Polo shirts / rugby shirts | Second layer | |
| Jumpers / fleeces | Third layer | |
| Windproof coat | Outer layer (Waterproof jacket will work instead) | |
| Walking trousers | Jeans are NOT permissible for walking in | |
| Water bottle | 1 litre will be adequate | |
| Hat | | |
| Gloves (or mittens) | | |
| Scarf | | |
| Torch & batteries | | |
| Emergency rations | These should be sealed in foil or cling film. Include chocolate, nuts etc | |
| Trainers | For wearing in activity hall and evening times | |
| Ordinary trousers/jeans | For when not hiking | |
| Underwear | | |
| Shorts | In case it is hot | |
| Sunhat / baseball cap | In case it is hot | |
| Sun tan lotion | Even when its cloudy you can still get burnt on the hills | |
| Pyjamas | | |
| Wash kit and towel | | |
| Bath towel | | |
| Swimming shorts | | |
| Notepad | | |
| Pencil / Pens | | |
| Games for the evening | Pack of cards, board games etc. There is no TV! | |
| Pocket money | £20 suggested maximum | |
| Lunch box / ice cream tub | This helps protect your lunch when its thrown around inside your rucksack | |
| Thermos flask | A hot drink when walking is a good reviver, NOT an alternative to a waterbottle | |
| Camera | For capturing those 'magic moments' | |

Mobile Phones & iPads/Tablets

Due to prank calls being made by Scouts on mobile telephones interfering with the emergency procedures on a previous trip, revised rules are in place regarding mobiles. Rather than to ban mobiles from the trip, mobiles must be handed in to Ian on arrival at the centre. He will keep all the phones in a central place so that they may be taken, used and returned at any time. We hope this will remove problems experienced previously. **We recommend iPad/tablets etc should NOT be brought.** We have found in the past that they take Scouts away from group activities, games and general play times together. We will not be responsible for any loss or damage of any devices brought.